

TRABUCO HILLS HIGH SCHOOL

Howard L. Stephens
Director of Instrumental Music

INSTRUMENTAL MUSIC

27501 Mustang Run
Mission Viejo, CA 92691
(949) 768-1934 Ext. 7618
(949) 588-0763 Fax
<http://thhsmusic.com>

Russell E. Moreau
Assistant Director of Instrumental Music

5 August 2010

Dear THHS Instrumental Music and Color Guard Students:

I hope correspondence finds you having a fun and relaxing summer! As we move toward August, preparations for the 2010 – 2011 rehearsal and performance season are in full force. From the marching band and color guard perspective, the fall is filled with the usual football games and participating in the Western Band Association Circuit Competitions and Championships. In addition, there will be a couple other field tournaments from other circuits. Orchestra will be participating in the local concerts and festivals with the possibility of attending the Heritage and Six Flags Festivals. The Percussion Ensemble and Color Guard will be participating in their circuit shows and the local WGI Regional in Southern California during the second semester. Jazz Ensemble is still in the planning stages with a full compliment of performances but not limited to local concerts, basketball games, and festivals. Visit the website <thhsmusic.com> to check the calendar and plan your schedule accordingly.

The following is a list of camps: Rookie Thundering Mustang and Color Guard Camp (23 August 9:00 A. M. – 5:00 P. M.), Thundering Mustang Camp (24 August – 10 September 9:00 A. M. through 5:30 P. M. excluding Labor Day), Orchestra Camp (24 & 31 August 6:00 P. M. – 8:30 P.M.), and tentative dates for the weekend Orchestra Camp are 4 – 6 February (Friday 5 – 10, Saturday 9 – 6, & Sunday 1- 4). These camps are mandatory for the participants of those organizations. Do keep in mind Thundering Mustang Members; **there will be alternates this year and how you perform during camp will determine where your contributions will be during the fall semester. In other words, I would suggest you be there, be in shape, and know your music!**

The THHS Instrumental Music and Color Guard program has been recognized as one of the top music and color guard programs the western United States. As a member there is a certain obligation to those previous students to maintain the effort necessary to achieve this high standard of tradition. We must first and foremost understand, **“we cannot sit back and live in the past.”** To remain as one of the top instrumental programs in California, a higher degree of energy and dedication must be applied to our work ethic to achieve the standard that has made the **THHS Instrumental Music and Color Guard** program successful and respected.

Please read all the materials in this letter carefully. Be sure and mark the rehearsal and performance dates on your calendar so there are no conflicts. Every person is an

**Thundering Mustangs Marching Unit * Color Guard * Drumline * Jazz Ensemble
Symphonic Orchestra * Wind Ensemble * Symphonic Winds**

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intricate part of this organization. Your time, energy, attitude, and presence are essential to make this a successful and memorable year. Our past accomplishments will be hard to top, but I am willing to give my best effort to help the organization continue to achieve that level of excellence. Please keep in mind attendance is a prerequisite (at practices and performances) to be a part of this organization. All aspects of rehearsal and performance standards will be higher than in the past. Upper classmen, your leadership skills will be needed! This philosophy applies to all aspects of the program.

Orchestra members, auditions will be held after the first rehearsal on 26 and 27 August between the hours of 10:00 AM and 2:00 PM. There is a slight possibility the hours might change, so check the list closely when you sign up to audition. A sign up list will be available at the first rehearsal in the music room. You will also receive the rehearsal music at this time. You will also be required to play a two-octave scale of choice and a chromatic scale two octaves. Sight-reading will finish out the audition process. Music for the year is still under consideration with final decisions coming soon.

One of the most useful items of information I send out every year has to do with rehearsals. Please understand the rehearsals are very important and each person is an intricate part. Your absence during a rehearsal or performance can make a big difference. Please take note orchestra members; this also applies to you too! Read the following article. The “e” is not functioning properly and you will see the problems created by this malfunction:

You arx a kxy pxrson

Xvxn though my typxwritxr is an old modxl, it works vxry wxll xxcxpt for onx kxy. You would think that with all thx othxr kxys functioning propxrly , only onx kxy not working would hardly bx noticxd; but just onx kxy out of whack sxxms to ruin thx wholx xffort. You may say to yoursxlf, “wxll I’m only onx pxrson. No onx will noticx if I don’t do my bxst.” But it doxs makx a diffxrxncx bxcxusx to bx xffxctivx an organization nxxds activx participation by vxvry onx to thx bxst of his or hxr abilitixs. So thx nxxt timx you think you arx not important, rxmxmbxr my old typxwritxr. You arx a kxy pxrson!!!!!!

Imagine the frustration of trying to rehearse or perform with one or two students missing. The point being made is your attendance at rehearsals (and performances) is needed to make the program successful. The absence of one person creates a bigger impact than is initially imagined. If you make the commitment to be part of the program, there are people relying on you to be there! Missed practices or performances can result

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in your position being rewritten, you on the sidelines as an alternate, or being removed from the organization completely.

Band and color guard members, although not required, it is highly “encouraged” that you have a physical before band camp. The **Thundering Mustangs** are not just “any” marching organization (or like your parents marching band experience) and the demands put on your body and mind is high. If there are medical problems, you should know before camp and these problems need to be brought to the director’s attention. Please take note; running is part of the endurance building. If you are unable to at least jog it is very unlikely you will be able to push yourself on the field during a typical THHS Thundering Mustang and color guard performance. Take the steps to make sure you are in shape before coming to camp!

Other suggestions include eating breakfast and lunch. This is very important. You will be burning an exorbitant amount of energy. Bring and drink plenty of fluids, more so water, Gatorade, All Sport, etc. Please be sure to bring your sunscreen too, we do practice during the warmer parts of the day. Your health is important! A major priority is to make sure you bring your medical form. **No marching or pageantry member will be allowed to participate until this card is turned in!**

This year’s competition show is entitled **Military Flight Plan**. This features the music of Kevin Shah and Russell Moreau. As is always the case, it is a challenging piece of literature along with marching moves and choreography to match.

Mustang Round up for the Marching Band and Color Guard Members will be 31 August from 11:30 – 2:30. This time has been specifically set aside for students in the music program to register. **Plan on taking care of your school registration at this time!**

Well ladies and gentlemen; I am looking forward to getting back in the swing of things! This promises to be yet another outstanding year and well worth the time and effort. Be sure to come to camp with your body in top physical shape, your mind sharp and open, and your musical instrument in optimum playing condition. If you have any questions, feel free to call me at school [(949) 768-1934 X7618] or e-mail me at <stephensh@svusd.org>. I will be checking messages daily. Enjoy the rest of your summer!!!

Howard L. Stephens

Russell Moreau

**Thundering Mustangs Marching Unit * Color Guard * Drumline * Jazz Ensemble
Symphonic Orchestra * Wind Ensemble * Symphonic Winds**

TRABUCO HILLS HIGH SCHOOL

♪ MUSIC BOOSTERS ♪

Dear Parents and Students:

Welcome to another exciting year of the THHS Instrumental Music Program! Enclosed is your packet of forms and information for the 2010-11 school year. The following are enclosed in your packet, unless noted below:

1. Participation Form – For marching band, color guard and orchestra members, **SIGN AND BRING THIS FORM** to the first day of Band Camp or Orchestra Camp, **with a check**. Jazz members, sign and bring this form to your jazz class the first week of school; your first payment can be mailed later.
2. Marching Unit Camp (consists of band and color guard members, and is also known as “Band Camp”) and Orchestra Camp Information Sheet – This sheet details dates and times of these camps, and what to bring. Jazz members do not receive this form.
3. Student Information Sheet – For marching band, color guard and orchestra members, **COMPLETE AND BRING THIS FORM** to the first day of Band Camp or Orchestra Camp. Jazz members, complete and bring this form to your jazz class the first week of school.
4. Emergency Card – For marching band and color guard members, **COMPLETE AND BRING THIS FORM** to the first day of Band Camp. Orchestra and jazz band members have not received this form in their packets; emergency cards will be given to jazz band and orchestra students in class at a later date.

NO STUDENT WILL BE ALLOWED TO PARTICIPATE AT BAND CAMP WITHOUT THE EMERGENCY CARD COMPLETED, SIGNED AND BROUGHT TO CAMP!

5. Clothing Order Form – Students from all ensembles are required to purchase white polo shirts as listed on this form.

MARCHING BAND AND COLOR GUARD STUDENTS: The first football game, at which you will be performing, is on Friday, September 3, 2010. It is **MANDATORY** that the white polo shirts be worn at all football games! Please note the deadline on the form to order your white polo shirts to receive them in time for the first football game. If you have not yet ordered your white polo shirts, please bring your completed form and payment to the booster meeting on Tuesday, August 17, or mail the form and payment to the clothing chairperson, Patty Morris. Her address and phone number are on the form.

6. Band Uniform Fitting information sheet – Please make sure to review this form so your student comes for his/her fitting on the correct date. **This form is for marching band members only.**
7. Marching Band & Color Guard Picture Day Reminder sheet – The group photo will be taken after school on the first day of school. Individual photos will also be available. The photo order form will be passed out to students during the last few days of band camp. **This is for marching band and color guard members only.**
8. Participation Points information sheet – This sheet describes our program for volunteering.
9. Bingo Participation sheet – This flyer describes the expected commitment to Bingo, a major fundraiser for the entire music and color guard program.

I encourage you to check the music website regularly at <http://thhsmusic.com> for updates and important information. For freshman parents, please review the Frequently Asked Questions and Freshman Handbook found in the Boosters Information section. Should you have *any* questions, please don't hesitate to contact me.

Dave Yingling
THHS Music Boosters President
david.yingling@gmail.com
(949) 273-9458

July 2010

TRABUCO HILLS HIGH SCHOOL INSTRUMENTAL MUSIC
PARTICIPATION POINTS

The Trabuco Hills High School Instrumental Music program thrives not only on the dedicated participation of every student, but on the participation, enthusiasm, labor, and support of its boosters. Our program requires hours of work from each and every family in order to maintain its high standard of excellence in education and life experiences for our children. Our boosters support this program, not only in dollars, but in time. Without this participation, the program would most certainly lose its momentum.

In years past, boosters had the opportunity to make a donation in lieu of providing hours served, in the amount of \$200.00. Boosters had the chance to sign up at the beginning of the year for several different areas of interest. Unfortunately, although we had many sign ups, there was no follow-through on the part of many boosters, and therefore, a small group of dedicated families continued to do most of the work on their own. Not only did our program lose money due to the lack of participation in fundraising, but our trips, tournaments, and on-campus events lacked the necessary support to create the atmosphere of excellence our kids so deserve.

Eight years ago, we created the **PARTICIPATION POINTS** program. This program tripled our booster participation and interest. Boosters learned that it was not only important for them to be involved from a financial and time-giving stand point, but that it was also fun and exciting to experience these important times with their children. It has been an extremely successful addition to the Trabuco Hills High School Instrumental Music program. We are very proud of our boosters and this program.

Here's how it works....

Each Marching Band and Color Guard booster family has a \$200.00 (or 200 PARTICIPATION POINTS) requirement. Each Orchestra or Jazz Ensemble family has a \$100.00 (100 PARTICIPATION POINTS) requirement. You can completely eliminate your point requirement by participating in several different ways. As you participate in various events, you earn PARTICIPATION POINTS. These points are applied towards your PARTICIPATION POINTS balance until the required total is met. Any unearned points are then charged to your student's booster account in the form of dollars. You will receive bi-annual statements that will provide you with your balance. You are welcome to contact the Booster Secretary for an earned points report at any time.

There are FOUR different credit categories:

10 POINTS	20 POINTS	50 POINTS	100 POINTS
<p>Attend a Monthly Booster Meeting (Second Monday of the Month)</p> <p>Be A "Helper" at An Event (Football Chaperone, Tournament Chaperone, Food Helper, Concert Tickets, Uniforms, etc.)</p> <p>Participate in A Fundraiser (See's Candy Sales, TITH Ads, Purchase Scrip, Silent Auction, Family Dine Out, etc.)</p> <p>Take and turn in digital photos and videotape from an event.</p> <p>Bake some goodies for an event or donate bottled water.</p>	<p>Work a night of BINGO (Thursday nights, no experience necessary!)</p>	<p>Chaperone An Away Trip!! (Be a chaperone on ANY overnight trip!)</p> <p>Chair Any TITH Committee (Food, Parking, Security, Band Assistance, etc.)</p> <p>Chair Any JITH Committee (Food, Publicity, Stage Admin., etc.)</p>	<p>Become an Event CHAIRPERSON (Band Camp Picnic, Casino Night, Family Dine Out Night, Casino Night, See's Candy, Silent Auction, Find us a NEW Fundraiser to chair, etc.)</p>

Note: Tournament In the Hills ("TITH") is a MANDATORY event for ALL Boosters. Participation Points will be granted for every shift to each individual towards the student account of their choice. Questions? Contact Dave Yingling at (949) 273-9458 or at david.yingling@gmail.com

Trabuco Hills Music Boosters Bingo

Every family is requested to help!

The bingo game has become a **major** fundraiser for the Instrumental Music and Color Guard program at Trabuco Hills High School through the dedication of our wonderful, hard-working boosters.

We host the game every Thursday night in the THHS Multi-Purpose Room.

Working a bingo game simply entails a few hours of your time on a Thursday night. Volunteers do a variety of jobs such as helping with hospitality, security, check-in, selling "special" games, or selling pull tabs. *No prior experience is necessary!*

Each booster family should volunteer to work a bingo game at least once each calendar quarter (Jul-Sep, Oct-Dec, Jan-Mar, Apr-Jun). Volunteering for a bingo game earns 20 Participation points.

Bonus!! If the family meets the once-per-quarter expectation, the entire participation point requirement for the year will be considered fulfilled!

Points earned during the summer count towards next year. Anyone working bingo this month (June) can automatically have their points apply to next year, and count towards the first quarter.

To participate as a volunteer, please sign up online at our website at thhsmusic.com

For more about our bingo game, visit our website at thhsmusicboostersbingo.com

B I N G O

TRABUCO HILLS HIGH SCHOOL INSTRUMENTAL MUSIC PROGRAM
2010-2011 STUDENT INFORMATION FORM

(please print clearly)

STUDENT'S INFORMATION

First & Last Name: _____

Grade: 9 10 11 12

Street Address: _____

Ensemble(s): Band Drumline Guard Orchestra Jazz

(circle all that apply)

City, State, Zip Code: _____

Instrument(s): _____

(list all that apply)

Home Phone Number: _____

Email Address: _____

Cell Phone Number: _____

Subscribe to the Message Board: Yes / No

Measurements *(For uniform purposes for all Marching Band members only):*

Height _____ ft. _____ in. Weight: _____ lbs.

MOTHER'S INFORMATION

First & Last Name: _____

Work Phone Number: _____

Cell Phone Number: _____

Email Address: _____

Subscribe to the Message Board: Yes / No

FATHER'S INFORMATION

First & Last Name: _____

Work Phone Number: _____

Cell Phone Number: _____

Email Address: _____

Subscribe to the Message Board: Yes / No

**TRABUCO HILLS HIGH SCHOOL INSTRUMENTAL MUSIC
2010-2011 CLOTHING ORDER FORM**

PLEASE RETURN FORM AND PAYMENT TO PATTY MORRIS (address on page 2)

******All Marching Band and Color Guard students MUST have a WHITE POLO shirt prior to the 1st football game on Sept. 3, 2010. All orders must be received NO LATER THAN AUGUST 18, 2010 in order to receive them in time!**

PAYMENT MUST BE RECEIVED PRIOR TO THE ORDER BEING PLACED****

STUDENT NAME _____

PHONE NO. _____ E-MAIL _____

Please check one: Marching Band Orchestra Color Guard Drumline Jazz Only

REQUIRED ITEMS:

<u>WHITE POLO SHIRT</u> – All members need two (three suggested) M, L, XL, XXL (Freshmen <u>must</u> purchase, returning members may want to replace a stained or worn shirt)	\$25.00 each	<u>QTY</u>	<u>SIZE</u>	No Small or XS Available	\$ _____
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OPTIONAL ITEMS:

<u>NAVY POLO SHIRT</u> – Worn by parents & Boosters S, M, L, XL, XXL (Add \$3 for XXL) each	\$25.00 each	<u>QTY</u>	<u>SIZE</u>	1 LINE, \$6	\$ _____
PERSONALIZATION: _____				2 LINES, \$8	\$ _____

<u>DENIM LONG SLEEVED SHIRT</u> S, M, L, XL, XXL (Add \$3 for XXL) each	\$30.00	<u>QTY</u>	<u>SIZE</u>	1 LINE, \$6	\$ _____
PERSONALIZATION: _____				2 LINES, \$8	\$ _____

<u>DENIM SHORT SLEEVED SHIRT</u> S, M, L, XL, XXL (Add \$3 for XXL) each	\$30.00	<u>QTY</u>	<u>SIZE</u>	1 LINE, \$6	\$ _____
PERSONALIZATION: _____				2 LINES, \$8	\$ _____

<u>LADIES SCOOP NECK T-SHIRT</u> S, M, L, XL	\$24.00 each	<u>QTY</u>	<u>SIZE</u>	1 LINE, \$6	\$ _____
PERSONALIZATION: _____				2 LINES, \$8	\$ _____

<u>MENS SHORT SLEEVE T-SHIRT</u> S, M, L, XL, XXL (Add \$3 for XXL) each	\$15.00	<u>QTY</u>	<u>SIZE</u>	1 LINE, \$6	\$ _____
PERSONALIZATION: _____				2 LINES, \$8	\$ _____

<u>HOODED / ZIPPER NAVY SWEATSHIRT</u> S, M, L, XL, XXL (Add \$3 for XXL) each	\$33.00	<u>QTY</u>	<u>SIZE</u>	1 LINE, \$6	\$ _____
PERSONALIZATION: _____				2 LINES, \$8	\$ _____

<u>CREWNECK NAVY SWEATSHIRT</u> S, M, L, XL, XXL (Add \$3 for XXL) each	\$23.00	<u>QTY</u>	<u>SIZE</u>	1 LINE, \$6	\$ _____
PERSONALIZATION: _____				2 LINES, \$8	\$ _____

<u>NAVY SIDELINE JACKET</u> (windbreaker type) XS, S, M, L, XL, XXL (Add \$3 for XXL) each	\$29.00	<u>QTY</u>	<u>SIZE</u>	1 LINE, \$6	\$ _____
PERSONALIZATION: _____				2 LINES, \$8	\$ _____

<u>HOODED PULLOVER SWEATSHIRT</u> XS, S, M, L, XL, XXL (Add \$3 for XXL) each	\$29.00	<u>QTY</u>	<u>SIZE</u>	1 LINE, \$6	\$ _____
PERSONALIZATION: _____				2 LINES, \$8	\$ _____

OPTIONAL ITEMS: (Cont'd)

<u>LADIES LONG-SLEEVED T-SHIRT</u>	\$27.50	QTY	SIZE		
S, M, L, XL	each			1 LINE, \$6	\$ _____
PERSONALIZATION: _____				2 LINES, \$8	\$ _____

<u>FLEECE LINED COAT</u>	\$52.00	QTY	SIZE		
S, M, L, XL, XXL (Add \$3 for XXL) each				1 LINE, \$6	\$ _____
PERSONALIZATION: _____				2 LINES, \$8	\$ _____
PRICING FOR FULL LOGO ON BACK OF COAT				Add \$14	\$ _____

<u>PAJAMA PANTS</u>	\$25.00	QTY	SIZE		
S, M, L, XL, XXL (Add \$3 for XXL) each				1 LINE, \$6	\$ _____
PERSONALIZATION: _____				2 LINES, \$8	\$ _____

<u>NAVY VISOR</u>	\$12.00	QTY			
	each				\$ _____
PERSONALIZATION: _____				Add \$6	\$ _____

<u>NAVY HAT</u>	\$19.00	QTY			
	each				\$ _____
PERSONALIZATION: _____				Add \$6	\$ _____

<u>NAVY STADIUM BLANKET</u>	\$30.00	QTY			
Polar fleece in a plastic carrying bag	each				\$ _____
PERSONALIZATION: _____				Add \$6	\$ _____

<u>LARGE NAVY SPORTS BAG</u>	\$48.00	QTY			
24" X 12" X 11"	each				\$ _____
PERSONALIZATION: _____				(included in price)	\$ _____

<u>FLANNEL NAVY PLAID BLANKET</u>	\$45.00	QTY			
Matches the flannel PJ Pants					\$ _____
PERSONALIZATION: _____				Add \$6	\$ _____
TRABUCO HILLS CLASS OF 20__ (w/Horse Head) (Indicate Class Please)				Add \$14	\$ _____

TOTAL CLOTHING DUE: Please pay for all clothing at time of order \$ _____

Please make checks payable to: **THHS Music Boosters**. All clothing order forms and payments must be delivered to Patty Morris at: 22 Los Picos, Rancho Santa Margarita, CA 92688 or at the monthly Booster Meeting. Orders are submitted when sufficient orders have been received. During Marching Band season this is usually about once every month. Clothing will be delivered to the Booster Meetings or other Music Program events as announced on the Music Program Website or Yahoo email group.

Questions? Please call either your clothing Chairperson, Patty Morris at 949-459-1919 or email her at morris_patty@pacific-com.com, or call your Booster President, Dave Yingling at 949-273-9458.

This sheet is representative of clothing costs ONLY. The above costs **DO NOT** include trips and food and/or souvenirs at events. You will receive a separate Trip Sheet with trip costs and payment schedules. **Costs DO NOT include SVUSD Transportation Fee** (required by district) and **THHS ASB Card**. These two costs will be collected at school registration.

I understand that I am financially responsible for all of the above clothing, band costs and trip costs of this optional music program.

Parent / Guardian Signature _____ (required)

**TRABUCO HILLS HIGH SCHOOL INSTRUMENTAL MUSIC PROGRAM
2010 THUNDERING MUSTANGS MARCHING UNIT & 2010 SYMPHONIC ORCHESTRA
CAMP INFORMATION**

Thundering Mustangs Marching Unit

The **2010 Rookie Band Camp** will be held on Monday, August 23, 2010 from 9:00am until 5:00pm at Trabuco Hills High School. This is a **MANDATORY** camp for ALL incoming freshmen members, ALL battery members, ALL color guard members and ALL new members/marching members to the ensemble, regardless of class. For the entire day, the section leaders and the visual instructors will teach the members the fundamentals of our marching style. An hour lunch break will be provided to the attendees. There will be no playing on these days, so you do not need to bring your instruments. **ALL paperwork for all participants is due on the first day of camp!!!**

The **2010 Band Camp** will begin on Tuesday, August 24, 2010 and will end on Friday, September 10, 2010 at Trabuco Hills High School. *There is no camp on Monday, September 6, 2010 for Labor Day.* Band Camp lasts from 9:00am until 5:00pm every weekday. This is a **MANDATORY** camp for ALL members of the marching unit. It is vital that everyone attends every day of camp. The typical schedule will be music rehearsals in the morning and marching rehearsals in the afternoon (*subject to change*). **ALL paperwork is due on the first day of camp!!!**

Below are items we recommended the students bring to Rookie Band Camp / Band Camp.

- ❖ Your completed medical release form and all paperwork received in the mail (**MANDATORY**)
- ❖ A good, positive and open attitude
- ❖ A jug of water
- ❖ A hat or visor
- ❖ Sunglasses
- ❖ Sun Block
- ❖ Flexible running or tennis shoes
- ❖ Your equipment (i.e. instrument, flag, rifle, sabre, drumsticks, etc.) in good playing condition
- ❖ A folder to hold all your music and a pencil to write with
- ❖ Lunch or money for lunch
- ❖ A "Dot Book" (contact your section leader if you do not know what this is)

Symphonic Orchestra

The **2010 Orchestra Summer Camp** will be held on Tuesday, August 24, 2010 (Strings Only) and on Tuesday, August 31, 2010 (Strings & Winds) from 6:00pm to 9:00pm in the Trabuco Hills High School Music Room. This is a **MANDATORY** camp for all members of the 2010-2011 Symphonic Orchestra (string and wind players) including the members of the Marching Unit who also perform in the Orchestra. Chair seatings will be determined at this camp so you will not want to miss out on this opportunity.

String players - Bring a piece of music you feel will show your abilities on your instrument. Wind and percussion players from last year will have the first opportunity at playing. If you would like to audition to be a member of this ensemble, please contact Dr. Howard Stephens. There is no charge for this camp.

This information and much, much more is also available on the Trabuco Hills High School Instrumental Music website at <http://thhsmusic.com>.

If you have any questions, please feel free to contact Dave Yingling at (949) 273-9458 or at david.yingling@gmail.com OR any of your booster board members listed in the Boosters section of the website at <http://thhsmusic.com>.

Band Uniform Fitting Dates

ALL band members (new and returning) need to be fitted with a competition uniform, shoes, and football pants during band camp.

**IT IS
MANDATORY
THAT STUDENTS WEAR
LIGHT WEIGHT, DARK COLORED SHORTS,
AND SHIRTS WITH SLEEVES
ON FITTING DAY
AND TO ALL FOOTBALL GAMES
AND COMPETITIONS
as the uniforms are worn over clothing ...
... there are no private changing areas
and MODESTY IS A HIGH PRIORITY.**

Find your assigned day and time on the schedule listed below:

Seniors:	Mon. Aug. 23 Last Names beginning with A-Z	2:00pm-7:00pm
Juniors:	Tues. Aug. 24 Last Names beginning with A-L	7:30-9am or 5-6pm
	Wed. Aug. 25 Last Names beginning with M-Z	7:30-9am or 5-6pm
Sophomores:	Thur. Aug. 26 Last Names beginning with A-L	7:30-9am or 5-6pm
	Fri. Aug. 27 Last Names beginning with M-Z	7:30-9am or 5-6pm
Freshmen:	Mon. Aug. 30 Last Names beginning with A-L	7:30-9am or 5-6pm
	Tues. Aug. 31 Last Names beginning with M-Z	7:30-9am or 5-6pm

FITTING HELPERS ARE NEEDED. If you are able to help with uniform set-up or with uniform fittings at any or all of the above times, please contact Bessie Nakashima [(949) 454-2814, bessierick@hotmail.com] or Jane Betts [(949) 589-5482, bananacub1@gmail.com]. You can also use our new online signup forms for Fitting: <http://doodle.com/ve4dbcd38bfctaqa> or for Sewing: by email request

NO EXPERIENCE NECESSARY AND YOU'LL HAVE FUN TOO!!!

MARCHING BAND & COLOR GUARD

PICTURE DAY REMINDER

Wednesday, September 8, 2010 at 3:15pm

(yes, it is during Band Camp this year)

**IT IS MANDATORY
THAT YOU WEAR THE FOLLOWING
CLOTHING UNDER YOUR UNIFORM ON
PICTURE DAY:**

**LIGHT WEIGHT, DARK COLORED SHORTS,
NO BOXERS**

**DARK COLORED SHIRTS WITH SLEEVES
NO SPAGHETTI STRAPS, SPORTS BRAS,
TUBE TOPS,**

TANK TOPS, HALTER TOPS, ETC, ETC.

**MARCHING BAND MEMBERS –
DON'T FORGET TO BRING
YOUR WHITE SOCKS
AND MARCHING SHOES!!!**

TRABUCO HILLS HIGH SCHOOL ATHLETIC EMERGENCY CARD

ATHLETE'S LAST NAME _____ FIRST NAME _____ GRADE _____ BIRTHDATE _____

ADDRESS _____ HOME / CELL PHONE _____

STUDENT INSURANCE: "I certify that my son/daughter (or ward) is insured for accidental death insurance in a amount of \$1500 and for at least \$1500 insurance protection for medical and hospital expenses resulting from accidental bodily injury while participating in or practicing for inter-school athletic events, or while being transported to and from such athletic events."

INSURANCE CO / PHONE NUMBER _____ POLICY / GROUP NUMBER _____ PARENT / GUARDIAN SIGNATURE _____

Circle Student Living With
YES NO

FATHER'S FULL NAME _____ EMPLOYER _____ BUSINESS ADDRESS _____ BUSINESS PHONE _____

YES NO

MOTHER'S FULL NAME _____ EMPLOYER _____ BUSINESS ADDRESS _____ BUSINESS PHONE _____

YES NO

STEP PARENT/GUARDIAN _____ EMPLOYER _____ BUSINESS ADDRESS _____ BUSINESS PHONE _____

Please list two persons in the LOCAL area who will assume temporary care of your child if you cannot be reached:

Name _____ Phone _____ Name _____ Phone _____

Family Physician _____ Phone _____

PARENT CONSENT: I hereby give my consent for the above named son/daughter (or ward) to compete in sports and to go with a representative of the school on any trips. In case this pupil is injured, you are authorized to have him/her treated.

PARENT/GUARDIAN SIGNATURE

(Please notify school of any changes to the information on this card)

List any health problems _____